



Alaska's Symbols for Safety

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Injury prevention for Alaska's youth

10 to 13 year old children

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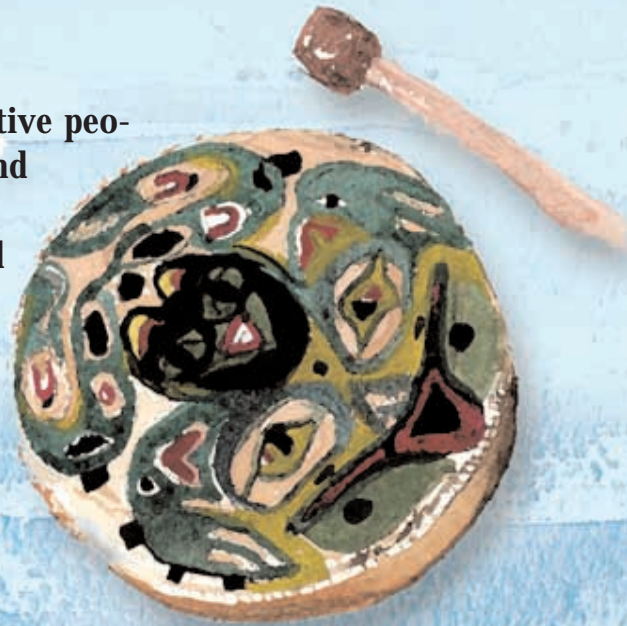
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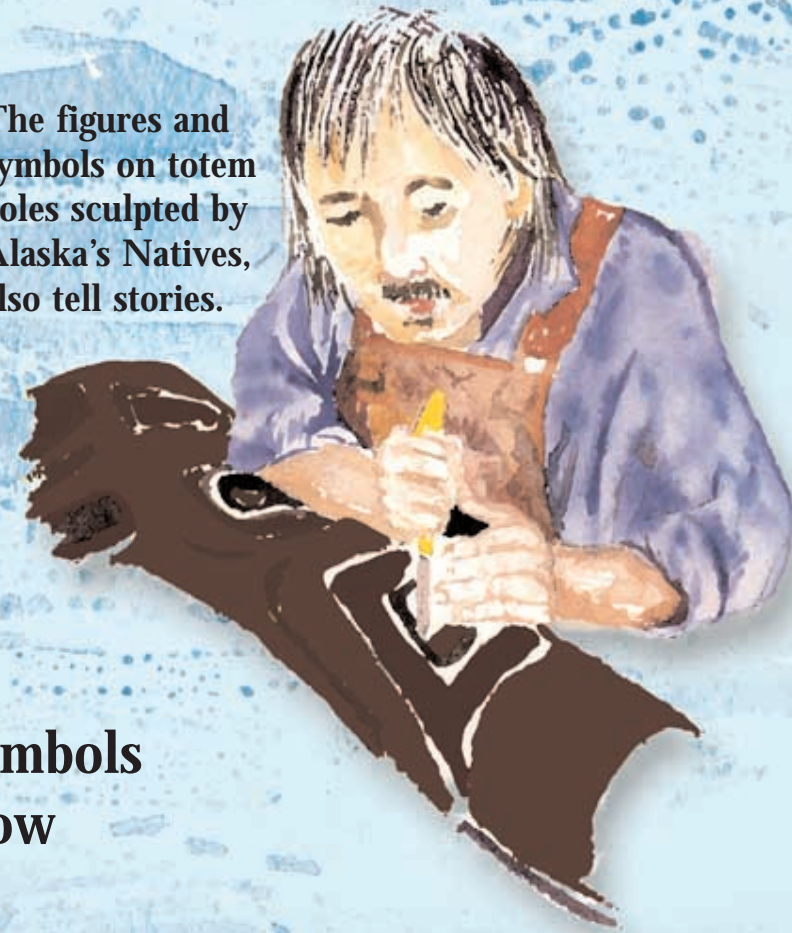
Alaska's Native peoples drum and sing of love and care and happiness.



Alaska's Native peoples carve and paint symbolic masks to tell stories.



The figures and symbols on totem poles sculpted by Alaska's Natives, also tell stories.



The ancestors, the elders
Alaska's youth they trust
Will stand in power always
When safe actions are a must!

Our Native peoples
Clans, tribes begun so long ago
Teach youth through nature's symbols
Respecting each life's ebb and flow

**With my safety mask before me
I'll move throughout my day
I protect myself from harm or danger
At home, at school, at play.**



Draw your own safety mask. Your safety mask should contain an image or symbols that will remind you to take care when walking on the earth, when near water or fire and to remind you to protect your mind and body from danger.

**I'll pound a drum for safety
Sing a promise filled with care
For a circle of behavior
Life's honor we all share**



**Draw a design for your own safety drum.
Include symbols for fire, water, wind and
mother earth.**

Water, matches, campfires and stoves
Warm and keep us from the cold.
But these same things can get too hot,
scald or burn us to the bone.

2. Use matches safely.



1. Test water
temperature
before you drink
it or bathe in it.



3. Plan a fire escape
route and meeting
place should your
smoke alarm
go off.

Draw your own totem
pole design.





Safe kids always
wear a float coat or
life jacket whenever
near water or riding
in a boat.

Seals along our western shores
Bark songs for waters blue
Finding food, fun and abundance
But drowning danger too

Draw a design you might
carve on a piece of tusk
or horn to remind you
to enjoy but respect
the importance and
power of Alaska's
rivers, lakes
and ocean.





Glacier trails and tundra
All earth's lessons told
Sure wonders, harsh reality
Hard knocks, bites and blows

Safe kids always
wear proper hel-
mets when riding
bikes, ATVs or
snowmachines.

Write your own song
for safety here.

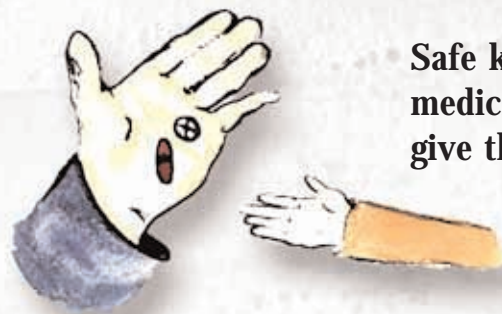


Safe kids know how to tell
if a dog is friendly. (wagging
tail, ears up)

Safe kids know how to stand and
protect themselves from an angry
dog. (ears back, growling)



**Raven's caw for hope and happiness
Rides wind that whips and dives
I decide what will be for me,
No harm allowed inside.**



**Safe kids only take the
medicine their parents
give them.**



**Safe kids never play
with firearms or knives.**

**Safe kids know that
breathing smoke or fumes
from chemicals will
harm them.**



**Safe kids crawl under
harmful smoke to get out
of a burning building.**



Alaska's Symbols of Safety Test

1. What should a family do to prepare for a house fire?

(Plan an exit route and a meeting place outside the house.)

2. Before you take a bath or shower, what should you do?

(Test the water temperature with your finger.)

3. What should you do if you hear your smoke alarm?

(Get out of your house and wait for your family at your planned meeting place.)

4. What should you wear when you are in a boat or near water?

(Wear a float coat or life jacket.)

5. What should you wear when you ride a bike or a skateboard?

(Wear the proper helmet and safety gear.)

6. What should you wear when you ride in a car?

(Always wear a seatbelt when riding in a car.)

7. Is a firearm a toy?

No. A firearm is weapon. Never point a gun at anything you don't want to destroy.

8. Can fumes and smoke hurt a person as badly as a bullet can hurt a person?

(Some children have been seriously hurt and even killed because of smelling or "huffing" gasoline or other chemicals.)

9. Who should decide what medicine I should take?

(Only take the medicine your parents or your doctor gives you.)



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Alaska's youth they trust,
Will stand in power always
When safe actions are a must!